



**SUTTON CARERS CENTRE  
CHARITY COMPANY  
(A company limited by guarantee)**

REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS  
For the year ended 31st March 2025

Charity no: 1062302  
Company no: 3353573

**SUTTON CARERS CENTRE CHARITY COMPANY**

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for the year ended 31<sup>st</sup> March 2025**

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**SUTTON CARERS CENTRE CHARITY COMPANY**  
**REPORT OF THE TRUSTEES**  
**for the year ended 31<sup>st</sup> March 2025**

The Trustees, who are also Directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the year ended 31<sup>st</sup> March 2025. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard Applicable in the UK and Republic of Ireland, issued in October 2019, and the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE INFORMATION**

**Charity Name:** Sutton Carers Centre  
**Charity registration Number:** 1062302  
3353573 (England & Wales)  
**Company registration number:**  
**Registered Office and Operational Address:** 1<sup>st</sup> Floor, Sutton Gate  
1 Carshalton Road  
Sutton, Surrey  
SM1 4LE

**Trustees:**

Dr. Shade Ajayi-Obe	Chair and Trustee
Dr Alan Lindsay Woodhead	Treasurer and Trustee
Bissy Thomas	Trustee
Patrick Hopkinson	Trustee
Sally Brearley	Trustee
Anne Dharmapaul	Trustee

**Advisors:**

Alf Matthews  
Don Brims  
Harsha Ganatra

**Company Secretary:**

Rachael MacLeod Chief Executive and Company Secretary

**Auditors:** Kingston Burrowes Audit Ltd  
308 Ewell Road, Surbiton, Surrey, United Kingdom, KT6 7AL

Barclays Bank Ltd, 43 High St, Sutton SM1 1DR

**Bankers:**

CCLA Investment Management Ltd, COIF Charity Funds,  
80 Cheapside, London EC2V 6DZ

Network Partner of, and quality assured by, *Carers Trust* (formed by the merger of the legacy organisations *Princess Royal Trust for Carers* and *Crossroads Care*), a national charity connecting and supporting independent Carers' organisations across the UK. Registered address: Carers Trust, 32-36 Loman Street, London SE1 0EH, Charity No. 1145181 (England & Wales) / SC042870 (Scotland). Registered as a company limited by guarantee in England and Wales No. 7697170.

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**Structure, Governance and Management**

*Governing Document*

Sutton Carers Centre (SCC) is a charitable company limited by guarantee, formed in 1994 and registered as a charity in 1997. The organisation was initiated in 1992 and was one of the first Princess Royal Trust for Carers Centres in the country. The company was established under a Memorandum which established the objects and powers of the charitable company and is governed under its Articles of Association. These were updated mainly to reflect changes in charity law a few years ago and continue to be regularly reviewed. In the event of the company being wound up, its members are required to contribute an amount not exceeding £1.

*Trustees*

2024-2025 was a year of progress and collaboration for Sutton Carers Centre. We have continued to deliver on our mission while strengthening governance and operational practices. The trustees have provided strategic leadership and notably, the introduction of the Staff and Trustee Forum has improved communication and fostered a shared sense of purpose across the organisation.

As of 31st March 2025, the Board comprised six Trustees and three Advisers. Dr Shade Ojaji-Obe has been leading the Board of Trustees as Chair since 29<sup>th</sup> January 2025 (appointed as a Trustee in July 2024). Dr (Alan) Lindsay Woodhead was appointed as Treasurer on the 2<sup>nd</sup> October 2024, following his appointment as Trustee in July 2024.

Trustees are appointed in accordance with the charity's governing document, elected by members at the AGM, stepping down on a rotational basis, with the option to stand for re-election. Trustees have lived experience of caring, serve as volunteers, many balancing this role alongside paid work as well as caring responsibilities.

New trustees receive a comprehensive induction, including an overview of our mission, policies, and legal responsibilities. Ongoing training in both formal and informal settings is provided to ensure trustees remain informed about governance best practices as well as operations.

Trustees are responsible for ensuring compliance with charity law, policies and procedures, and provide financial oversight. They play a key role in approving budgets, monitoring risk, and guiding the organisation's long-term strategy to ensure activities align with our charitable objectives. We regularly assess the Board's skill set, considering organisational challenges and opportunities, while embracing the advantages of a diverse membership. Importantly, we remain Carer-led throughout.

Our Trustees and Advisers bring a wealth of professional experience in areas such as adult and children health, social care and community services, safeguarding, finance, fundraising, project and business management, as well as personal caregiving experience in Sutton. As we look to recruit another two Trustees, we will be looking to recruit people with additional Communications, Quality Assurance or HR experience. The board is committed to diversity and inclusion and continues to review its composition to ensure a broad range of skills, experiences, and perspectives. This approach supports robust decision-making and reflects our commitment to equality and equity.

The Management Board meets at least five times annually, in addition to the AGM, informed by the working 'RIO' (Risk, Information and Opportunities) Committee that meets monthly or bi-monthly depending on the business cycle of the charity. Trustees receive regular reports from the Chief Executive on strategic and governance matters requiring their attention or decision, alongside detailed financial updates from the RIO Committee. We also review the Risk Register, Service Manager reports including contract performance, as well as updates on funding, HR, health and safety, quality assurance, and infrastructure. Safeguarding updates also are provided at each meeting by the CEO, and we review complaints, GDPR issues, and celebrate successes.

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Trustees meet with staff at least three times a year for a newly-introduced Staff and Trustee Forum. This initiative provides a structured opportunity for staff and trustees to meet regularly, share updates, and discuss key priorities. The Forum strengthens communication and collaboration across the organisation, ensuring that Trustees have a deeper understanding of operational challenges and successes, while staff gain insight into strategic decision-making. By meeting consistently, we foster transparency, build stronger relationships, and create a shared sense of purpose, which ultimately supports better governance and more informed decision-making. Teams also present their work formally on rotation once a year at full Board meetings, also an opportunity for rich discussions and increased understanding.

Looking ahead, Trustees will focus on additional Board member recruitment, enhancing governance and quality assurance, supporting the refresh and delivery of our strategic plan, and continuing to strengthen engagement with staff, Carers, partners and wider stakeholders.

### **Organisational structure**

Day-to-day management of the charitable company is delegated to the CEO, who operates within the policies and target outcomes agreed by the Management Board. Despite challenges in funding and project streams, all services run concurrently to ensure a seamless Carer pathway, tailored to individual needs and desired outcomes. We take an integrated, 'matrix' approach, working across all ages and health and social care issues. This is guided by a 'Whole-Family' and 'Think Family' philosophy, ensuring the best possible support for Carers and the people they care for.

### **Core teams**

The core teams comprise of:

- **Adult Carers Information and Advice Service** – This service provides income maximisation for whole families, alongside universal, light-touch, and advanced casework support for Carers, hospital and primary care outreach (in particular prevention and discharge support).
- **Adult Carers Preventative Support Service** – Includes Carer Wellbeing Navigation services, Talking therapies, End-of-Life care via Sutton's Palliative Care Co-ordination Hub, dementia and mental health-specific support, and targeted support for Carers with higher needs due to their caring role, wellbeing needs, or risk.
- **Young Carers Service** – Offers targeted advice, information, and support, with a focus on young people aged 8–18 (as well as a smaller focus up to age 25 if indicated) and their families. This service ensures Young Carers reach their potential, are protected from inappropriate caring responsibilities, and receive support in school settings.
- **Central Services** – Provides organisational infrastructure support, including communications, quality assurance, HR, fundraising and resource oversight, as well as managing the Centre and our engagement within the wider community.

We also offer comprehensive training and consultancy to help other organisations improve their practices in identifying and supporting Carers and their families.

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Each team delivers essential advice, information, emotional and practical support, while ensuring that all Carers and their families have access to:

- Breaks from their caring roles
- Training to support them in their caring roles
- Benefits and income advice, to overcome the financial inequalities that can come with caring
- Psychological and complementary therapies to maintain and promote better health and wellbeing for Carers and their families
- Opportunities to contribute their expertise to local and national policy and service development.

*People*

Staffing levels have remained stable, with around 12 full-time and 7 part-time core staff across services. We regularly review roles in response to financial challenges and the increasing complexity of Carers' needs, ensuring staff are skilled and well-supported. The Board of Trustees sets the remuneration of personnel, considering the charity's financial position and industry benchmarks.

We are expanding the roles of our mostly voluntary Information Workers to increase outreach both in person and online, requiring additional training. Increasing volunteer numbers is a key strategic goal.

In addition to core staff, we host up to two Psychological Therapists from the Mental Health Trust and Senior Advisors in benefits and debt from Citizens Advice Sutton. We outsource accountancy, payroll, and some HR functions, and contract sessional workers for additional clinical supervision and training.

Currently, all staff and volunteers are current or former Carers, with professional qualifications in areas such as teaching, social work, and psychology. The team is predominantly female, but increasingly diverse in terms of age, heritage, and background, with many living locally within five miles of the Centre.

Volunteers remain crucial to our success, supporting every aspect of our work. 25 - 30 volunteers contribute around 65 hours weekly, covering roles such as Trustees, Therapists, Receptionists, Administration, Activity organisers, and Fundraisers. Their contribution, valued at least £45,000 annually, is vital to our local impact. We desperately need more volunteer support but recruiting volunteers has become even more challenging as the Cost of Living and public sector crisis continues to bite. Many Carers want to volunteer to give back, take a break, and/or reconnect - but growing caring duties and work commitments mean they simply don't have the time or energy.

We continue to actively recruit and support volunteers through our induction and training systems, aligned with the volunteer management quality mark. We also recognise their commitment during Volunteers' Week and through other appreciation efforts.

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### **Our Aims and Objectives**

We offer support to any unpaid Carer who lives, cares, works or studies in the London Borough of Sutton (or where relevant, the surrounding areas if the person for whom they care is receiving services in Sutton) without distinction as to age, gender, disability, sexual orientation, faith or belief, ethnicity or caring responsibilities. We value the increasing diversity of our communities and do our utmost to remove or overcome barriers to accessing our services.

In line with national policy definitions, we define a 'Carer' as someone who, unpaid, cares for and supports a family member or friend, someone who needs this help due to illness, disability, mental ill-health or substance misuse issues.

### *Purposes, Aims and Values*

Our Charity's purpose is defined and based on those set out in the Memorandum and Articles of Association.

Sutton Carers Centre's vision is of communities in which every Carer is recognised and respected as an individual and can get the support they need and the ongoing assurance that they are not alone.

SCC's mission is to support Carers to improve their health, well-being and quality of life by:

- Reaching out to every carer living in the Borough of Sutton
- Helping each carer to understand their rights and get their voice heard; and
- Working with and for each carer, respecting and responding to their individual skills, experience and choice.

Our values inform our work, to achieve our vision, reflecting not just WHAT we do, but HOW we do it. They are:

- **Respect:** for Carers and their individual views and skills, for staff and volunteers and for those with whom we work in partnership.
- **Sensitivity:** valuing difference and contributions from all, working together as a creative, harmonious team.
- **Delivery:** committed to quality support and making change happen in a planned, professional and appropriate manner

### **How Carers Benefit from Our Services**

Our charity services focuses on three key groups:

- Adult Carers (including older, parent, working, and 'sandwich' Carers)
- Young Carers (including sibling Carers)
- Carers supporting people with mental health, dementia, substance misuse issues, or end-of-life care (both young and adult Carers)

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We provide advice, information, advocacy, and bio-psycho-social therapeutic services, in-person and online, expanding our reach while remaining mindful of digital exclusion. Centrally located in Sutton for accessibility, we also offer outreach services in local centres, especially in northern Sutton wards where many Carers face economic and social challenges. Increasingly, our services are delivered in community settings like schools and healthcare facilities.

Our services have evolved to support families with more complex needs, particularly since the Covid pandemic, which highlighted the challenges Carers face, including long-term physical and/or mental health needs and inequalities among minoritised communities.

We aim to help Carers maintain independence while offering support when needed. Our approach ranges from 'light-touch' assistance to more intensive interventions, ensuring ongoing connection and social support for Carer wellbeing. Carers receive information through induction packs, newsletters and bulletins, and can access help in crisis or as needed via phone, email, online or in person. We also assist Carers to access formal Carer's Needs Assessments from the Local Authority.

Carers benefit from advice on income maximisation, psychological therapies, and participation in social, learning, and training activities. Support intensifies during crises, and we continue to develop staff and volunteer training to better address Carers' needs. Our approach includes assessing needs, planning support, and measuring the impact to ensure positive outcomes for Carers and their families.

We strive to reflect Sutton's diverse community in our Carer support. In response to male Carers, Young Adult Carers, and LGBTQ+ Carers being under-represented in our services, we have introduced new peer support initiatives for these groups. We also increased support for Carers from the global majority, Parent Carer groups, and special interest groups like Carers of people with dementia and continue to develop grass-roots initiatives such as Carer-led meditation groups.

*How the wider community benefits from our services*

### **Strategic Partnerships and Collaboration**

Sutton Carers Centre (SCC) works strategically in partnership with various organisations, focusing on the following:

- **National and Local Policies:** SCC aligns its work with key health and social care legislation and policies, including the Care Act 2014, Children and Families Act 2014, and the Health and Care Act 2022. Despite financial challenges, SCC addresses increasing needs and complexity.
- **Carer Engagement:** SCC ensures Carers' voices are heard by engaging with health and social care partners, especially in relation to strategic decisions and services, including delivery of Sutton's new multi-agency Carers Strategy. This includes Young Carers, where our Young Carer Ambassadors collaborate with schools, health and social care to improve the identification and support of Young Carers in Sutton.
- **Leadership and Collaboration across Health and Social Care:** The CEO is a key member of the South West London Integrated Care System and Sutton 'Place' Partnership Board, working to influence policy, reduce hospital dependence, and address health inequalities. Increasingly, we are working across the whole-system through our particularly strong network of SW London Carers Centres.

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- **Voluntary Sector Collaboration:** SCC works with local, regional, and national voluntary organisations, including Carers Trust, to identify and support Carers, share best practices, and influence policy. SCC is part of the 'Together for Sutton' consortium, enhancing third-sector collaboration and delivery, and is a member of Community Action Sutton and Sutton Healthwatch.
- **Voluntary Sector Networks:** In addition to being a Carers Trust Network Partner, SCC is affiliated with Carers UK, NCVO, and ACEVO, gaining best practice advice, quality assurance, and training opportunities.

This collaborative approach strengthens SCC's ability to support Carers in Sutton and influence local and national Carer-related policy.

All our activities focus on supporting Sutton's Carers to achieve the following outcomes:

a) The five outcomes of the last National Carers Strategy 2010 and linked to the national Action Plan:

Carers are:

- Recognised and supported as expert care partners.
- Enjoying a life outside caring.
- Not financially disadvantaged.
- Mentally and physically well and treated with dignity.
- Children will be thriving and protected from inappropriate caring roles.

b) Carers can balance their caring roles and maintain their desired quality of life whilst:

- Maintaining that role and still enjoying good health and well-being and a life of their own, one that is free from financial hardship.
- Having access to work, leisure and social activity.

*How Our Activities Deliver Public Benefit*

In forming the charity's objectives and activities, the Trustees confirm that they have had regard to the Charity Commission's guidance on public benefit.

*Some key achievements and plans for the future*

Despite what the latest census says, our evidence suggests that the numbers of Carers has grown, demands and needs have become more complex, and Carer wellbeing is negatively impacted by public service challenges and failures and feelings of isolation. When recognised and well-supported, however, Carers tell us that the rewards of caring can be great, and we see how looking after each other is a key component of a strong community. This opinion is shared by many in the field.

On the cusp of the end of this reporting year, there were two major accomplishments in response to these challenges and opportunities:

- the completion of the new, multi-agency Carers Strategy for Sutton
- the decision to re-locate our Centre to bigger and better town-centre premises.

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To begin the development of the much-needed Strategy, we held our first-ever Sutton Carers Conference, in partnership with London Borough of Sutton. This ambitious day and evening Conference brought Carers of all ages, paid professionals and other supporters together as equals for the first time, and launched the engagement and consultation for the Strategy. As the Strategy has now been launched, the challenge will be how to make the delivery impactful. By co-chairing the Board, we will continue to provide leadership, practical support, and our knowledge and expertise around co-production to make this Strategy truly meaningful for Carers and their families as well as colleagues across the system.

Relatedly, we also have been a system leader in the development and delivery of the new Dementia Strategy for Sutton.

After over three happy decades at Benhill House, we out-grew our Centre space and took advantage of the end of lease to secure new, larger premises in Sutton Gate at the top of the High Street with no rise in overall outgoings. This helped us maintain a central, easily-accessible, and affordable space for Carers and their families, as well as space for increased partner activity and service development.

Although the transition was challenging, especially on a limited budget, we set the scene for the actual move in April 2025. We were grateful for the amazing support we received from companies and the wider community to make this a reality. We also are excited for the opportunities this move presents and look forward to reporting next year on the difference this has made for Carers.

*Other Key highlights:*

- Despite extreme pressures, we again balanced our books, met our financial reserves target, diversified our funding further, and increased our service offer to Carers by approximately 25% across the last few years.
- We supported over 11,000 Carers, with approximately 2200 receiving the most intensive support (another c10% increase), with the average number of interventions per Carer increasing by 1/3.
- All specific service output and outcome targets were achieved or exceeded and within budget. These are monitored and reported quarterly to our various funders as part of the regular performance management systems to provide proper accountability for the use of public funds. The financial management systems support this process.
- We are proud to report again that our large sample of Carers demonstrated marked improvement in many areas of their wellbeing and general life with our academically-validated outcome measures. In addition to improving the ability to care safely, these again show that we have the most impact in the areas of mental and emotional health, financial health, relationships, confidence and self-esteem, reducing risk and increasing social connectedness. This is true for Carers of all ages, irrespective of caring roles. We also have shown greater levels of improvements year on year, across the last 3 years in our Young Carers in Schools programme, for example, increasing outcomes for certain cohorts, e.g. teenage boys, a group experiencing particular inequalities in previous years.
- We have increased the number of Carers from minoritised communities and groups receiving support through changes in our recruitment, targeting and service offer.
- We maintained staff who bring positive, lived experience of mental health issues as well as caring, now being completely staffed as well as led by people who are care-experienced.

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*Future plans*

Looking back at last year's plans, we are pleased that we achieved or progressed most of them, many reported above or via our website.

At the time of writing, we are launching a new 'Impact' section on our website to replace the former Annual Review document, an online resource which will highlight, on an ongoing basis, what we have done and the impact we have made. We aim to make this section as informative and appealing to Carers as well as potential funders. For more information, please see our website: [www.suttoncarerscentre.org](http://www.suttoncarerscentre.org). The website also contains newsletters and blogs, plus more information and many pictures can also be found in our Twitter feed @suttoncarers, Sutton Carers Centre Facebook page, YouTube and Instagram. We also are happy to share more detailed, anonymised monitoring information and case studies upon request – be it for funders, interested partners, the media, or Carers themselves.

This year, we also will be:

- refreshing our Centre Strategies – with a focus on organisational resilience, service development and fundraising
- renewing our Carers Trust Quality Markers
- building our data and AI capabilities
- restructuring our staffing and service teams to build capacity, maintain retention, as well as provide additional opportunities to valued staff to progress their careers in the charity.

Our main risks remain:

- **Financial**, therefore we have prudently made savings, spent carefully yet well, and increased our reserve, raising and designating funds to help bridge these difficult times, also to ensure we are a 'going concern' for at least the next three years. We will need to develop an even more robust fundraising strategy as fiscal constraints become more acute.
- **Service Quality** in the face of such volume, complexity and demand, as well as the related pressures this places on the wellbeing of our lived experienced staff and volunteers

We are pleased that as we overcame the threat, and capitalised upon the opportunity of moving to new premises, the Accommodation risks have been minimised.

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**Financial review**

Funding for health and social care, and Carers in particular, remains limited. Despite these financial challenges, Sutton Carers Centre has worked hard to bring together all available resources to deliver services for Carers.

Locally, as part of the social care and health integration agenda, we are also seeing encouraging signs that people and partners in the 'Place' of Sutton may be coming together to overcome some of these challenges in uniquely local and inspiring ways. Working across the system is key – and seeing Carers as partners in that system alongside paid professionals, is equally key.

We are pleased we secured 5 – 7 years funding (currently in 2025 year 4) for many of our core projects via the 'Together for Sutton' partnership. We also have increased our support to Carers with dementia, as well as Carers caring for people with mental health needs via the Community Mental Health Transformation partnership with other VCS partners and South West London and St George's Mental Health NHS Trust. We additionally have provided increased support for End of Life Carers, more Income Maximisation for families, and more support to Young Carers, especially at points of transition and in schools. We also now have a dedicated, small team trying to better support Adult and Young Carers when a family member or friend is being discharged from hospital.

Our service offer increased by approximately 25% across the last four years whilst we have been able to replenish our reduced general fund to reach the necessary 3 months' financial reserve, which grew to between 5 and 6 months given the particular challenges we face with some funding streams finishing and the end of our lease at Benhill House (premises we also had outgrown).

Risks due to reductions in the overall amount of money for services being commissioned are now very clear. Equally, an increasing focus (long apparent in the NHS) on crisis or near crisis point interventions - to the detriment of a proper balance with spending on preventative measures and the longer-term gains they can bring - poses a considerable threat to the welfare of the majority of Carers. Our specialist support services and skilled information and advice should be well placed not only to help those in crisis but also prevent families from reaching that crisis point in the first place. Our services also strengthen family and community life, adding much social and public benefit.

*Incoming resources, resources expended and services*

The financial outturn was considered balanced, reflecting the Board's strategic planning, including the use of designated funds to bridge salary gaps and support the relocation to new premises.

For 2024/25, the accounts show a deficit before transfers of £32,300 in unrestricted funds (including designated), less transfers of £17,847, resulting in an overall deficit of £50,147. In anticipation, £65,830 of designated fund expenditure had strategically been set aside in 2023/24 for funding gaps, cost of living increases and premises.

After transfers, core unrestricted funds achieved a surplus of £16,171 against a budgeted deficit of £16,024 - an excellent result given the challenging financial environment.

Income remained broadly consistent with the previous year at £732,714 (2023/24: £730,120), while expenditure increased to £805,497 (2023/24: £740,883), reflecting additional investment in services and support for Carers.

As above, the £65,830 designated fund spend enabled us to sustain services for vulnerable unpaid young and adult Carers during a period of heightened need and funding gaps, and also covered relocation costs.

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Restricted funds closed the year at £13,753, retained for their intended purpose of supporting Carers in Sutton.

The General Fund decreased but remained at a prudent level of £276,055 (2023/24: £326,204), ensuring financial resilience.

We were confident going into 2024-25 but anticipate that 2025-26 will be a more difficult year, the year beyond that even more challenging, also with changes in government and related policies.

The largest income source continued to be the London Borough of Sutton (although the funding base has diversified).

Volunteers and students continued to offer their support and input, some of whom were qualified professionals or in advanced stages of training, thus helping to maintain services despite funding pressures.

Our experienced paid staff also worked to find new and more efficient ways to serve an increased volume of Carers within existing resources, even when Carers' lives are becoming more complex.

#### *Reserves Policy*

This policy relates to the level of reserves appropriate for Sutton Carers Centre. Each year the RIO Committee examines SCC's reserves in the light of the risks facing the organisation bearing in mind the Charity Commission's guidance. We recommended to the Management Board who agreed that our reserves policy remain the same.

We re-affirmed our need to hold Unrestricted Fund reserves equal to a minimum of 3 months budgeted total spending for the following financial year – and this was achieved in the previous year 2023/24; as above, the Trustees aimed for a higher amount up to, but not more than 6 months.

2024/25 saw a planned reduction in reserves with £276,055 (a decrease on last year's figure of £326,204).

With the 2025/26 budgeted expenditure at £845,450, a 3 months' reserve would equal £211,362, so we are just under c4 months, which meets our current minimum target for 2024/25 (vs 2023/24 5 months). Trustees felt that this level of spend, and reserve, was appropriate given the ongoing pressures which affect Carers as well as the organisation; they also felt that this level strategically managed risk in the coming year. SCC remains vigilant in the current economic climate.

In the short-term, the Management Board also considered what might be done in terms of curtailing activities should the circumstances arise. Scenario-planning is imbedded in our Strategic Planning cycle and Risk Register, accordingly.

#### *Investment Policy*

Aside from retaining a prudent amount in reserves each year, most of our funds are spent in the short-term on delivering our objectives, so we have little to invest long-term. All fund balances are held in bank current and deposit accounts or as cash so are immediately available. In common with many others in the charity sector, we invest such funds as we do have longer-term in the Charity Office Investment Funds (COIF), and our Virgin Deposit account.

Further details regarding the restricted funds are listed below:

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**Restricted Funds**

**Circle Club & Kit Kat Club** **Balance £150**

This fund resulted from a private donation several years ago and £600 monies were paid in from the former Kit Kat Club. The Circle and Kit Kat Clubs provided a social outlet for Carers, the people they care for and other family members. In consultation with members of the group, the Club was incorporated into the mainstream activities of the Centre. It is now used to fund or subsidise Carers' social activities, outings and courses, e.g. a restaurant outing, money for transport and so on. There was '0' spend during the year.

**Carers' Transport Fund** **Balance £311**

This fund enabled us to offer and fund transport for Carers who have difficulty accessing public transport or have emergency transport needs. It enables Carers to attend events organised by the Centre and so be fully included, as well as participate in consultation, engagement and other agencies' events. Balance b/fwd from previous year £498 and £187 was spent during the year.

**Skills & Learning/Carers Relief Funds** **Balance £3,514**

Carers Centres can apply to Carers Trust and Sutton Nursing Association on behalf of Carers to access nationally and locally held funds that help improve Carer quality of life. All monies are paid to the Centre and then allocated to Carers. Balance b/fwd from previous year £2,453; during the year, another £8,153 was obtained for Carers and £7,092 spent, balance c/fwd to next year.

**Workforce Development Programme** **Balance £6,000**

SCC was awarded £10k in 2022/23 from London Borough of Sutton to run a Workforce Development Programme in conjunction with Service leads once the Council was ready. Balance b/fwd from previous year £10,000 and £4,000 spent, balance c/fwd to next year.

**Dementia Carers Peer Support Programme** **Balance £0**

SCC received £19,500 from London Borough of Sutton to provide support to Carers of someone living with dementia, following the expiry of the previous contract, funded by LBS and held by Age UK Sutton as lead. All the £19,500 was spent during the year.

**Cost of Living Food Support** **Balance £0**

SCC received £500 from London Borough of Sutton vis Community Action Sutton to provide support to Carers in need of food due to Cost of Living crisis. All the £500 was spent during the year.

**Neighbourhood Grant Fund** **Balance £0**

SCC received £2,050 from London Borough of Sutton towards the Carers Conference held at LBS offices. All the £2,050 was spent during the year.

**Winter Pressures/Better Care Fund** **Balance £0**

SCC received £46,100 from London Borough of Sutton on behalf of Health and Social Care to provide increased support to Carers being discharged from hospital or caring for someone being discharged from hospital. All the £46,100 was spent during the year.

**Uplift Wellbeing Navigator** **Balance £0**

SCC received £42,700 from SWLStG MH NHS Trust to fund and employ specialist Carers' Wellbeing Navigator posts (1.2 FTE) as part of the 'Uplift' (now Talking Therapies) Service. A deficit b/fwd from 2023/24 (£1,059) and £51,091 was spent during the year, resulting in an overspend of £9,452, which was transferred from unrestricted reserves.

**SUTTON CARERS CENTRE CHARITY COMPANY  
REPORT OF THE TRUSTEES  
for the year ended 31<sup>st</sup> March 2025**

**Mental Health Transformation - Welfare Benefits** **Balance     £0**  
 SCC was awarded £43,594 via lead partner Citizens Advice Sutton to provide Mental Health Carers and their families' welfare benefits and related income maximisation and opportunities advice, information and support. All the £43,594 was spent during the year.

**Development of Carers' Manual** **Balance     £297**  
 This manual was commissioned by the then Primary Care Trust a few years ago and is an information resource specifically for those Carers looking after people with mental health issues. The balance is retained to pay for any future inserts, updates and the expenses involved in storing and distributing the manual. This fund will be fully spent in the coming year on related, now digital work.

**Lloyd's Bank Foundation** **Balance     £0**  
 SCC was awarded £15,000 in 2016/17 to research, and as viable, develop and pilot a menu of chargeable services which meets the needs of Carers whilst generating sustainable income for the charity. Balance b/fwd from previous year was £14,707 and all was spent during the year.

**BBC Children in Need** **Balance     £0**  
 SCC was awarded a three-year grant to offer capacity-building support to schools as well as a range of support services for Young Carers in schools. These included training, one-to-one support, group activities and advocacy. Young Carers benefited through improved aspirations, increased engagement with education and better family relationships. Balance b/fwd from previous year 2023/24 was £4,698. The original project was for 3 years ending June 2021. SCC was awarded a new three-year grant for 3 years beginning September 2021. Final funding received for 1<sup>st</sup> quarter of 2024/25 was £9,994. Expenditure exceeded funds b/fwd & received by £1,588, this has been transferred from unrestricted reserves.

**Time for Me!** **Balance     £0**  
 SCC was awarded a one-off grant of £8,000 from Carers Trust to provide Peer Support, Ambassador workshops, activities and support to Young and Young Adult Carers. All the £8,000 was spent in the year.

**City Bridge 'Bridging Divides'** **Balance     £0**  
 SCC was awarded £43,190 from City Bridge in partnership with the lead, Citizens Advice Sutton. This enabled SCC to provide a dedicated worker to offer Carers support, also enabling Citizens Advice Sutton and Sutton Carers Centre to continue working together, providing Carers and their families with impartial, free, expert and comprehensive information, advice and support on welfare benefits and other income maximisation, service navigation, and caring issues. Spend during the year was £44,192 resulting in an overspend of £1,002 which SCC has transferred from unrestricted reserves.

**End of Life Care** **Balance     £0**  
 SCC was awarded £32,846 for End of Life Care services from Epsom & St Helier Hospitals NHS Trust, Sutton Health and Care. SCC employs a part-time, dedicated worker as part of the Palliative Care Co-ordination Hub to support Carers with a family member facing end of life. Spend for the year £36,691 resulting in an overspend of £3,845. SCC has transferred from unrestricted reserves.

**HPV Vaccine Awareness** **Balance     £0**  
 SCC was awarded £230 to give advice and guidance to Young Carers (12-13 yr olds) on receiving the HPV vaccine. All the £230 was spent in the year. **Balance £0**

**SUTTON CARERS CENTRE CHARITY COMPANY**  
**REPORT OF THE TRUSTEES**  
**for the year ended 31<sup>st</sup> March 2025**

**Young Carers General Activities** **Balance    £903**  
SCC was awarded £1,250 in 2019/20, £750 in 2021/22, £300 in 2022/23 and £300 in 2023/24 from Jack Petchey Foundation towards Young Carers' Activities. Balance b/fwd from 2023/24 was £1,288. Spend for the year £685, balance c/fwd to next year.

**Young Carers Summer Activities** **Balance    £75**  
SCC was awarded £500 from Jack Petchey in 2020 towards Young Carers Activities in the summer. Balance b/fwd from 2023/24 £75. No spend during the year, balance c/fwd to next year.

**Leader Award Grant** **Balance    £1,966**  
SCC was awarded £600 from Jack Petchey in the year towards Young Carers. Balance b/fwd from 2023/24 £1,366. Balance to be spent beginning 2025/26.

**Mental Health Transformation – Peer Support** **Balance    £0**  
SCC was awarded funding from SWLStG Mental Health NHS Trust of £89,894 in the year, to deliver an improved Carer identification and service delivery pathway, and to recruit staff to deliver Carer peer support functions to families connected to Recovery Support Teams in Sutton. All the £89,894 was spent during the year.

**Winter Engagement** **Balance    £0**  
SCC was awarded £500 from SWL ICS, NHS South West London via Croydon Voluntary Action for SCC to take part in an initiative to help Carers stay healthy and well in winter. SCC attended winter champion online training covering subjects like winter vaccination programmes and other ongoing healthcare projects, winter healthcare messaging, and other materials to say well in winter. All the £500 was spent in the year.

**Peer Support** **Balance    £536**  
SCC was awarded £1,208 funding from The Rotary Club of Cheam. This enabled SCC to increase access for Young Adult Carers through the introduction of peer support groups. Balance b/fwd 2023/24 £663; £1,355 spent during the year and balance c/fwd to next year.

**7 Stars Foundation** **Balance    £0**  
SCC was awarded £1,251 towards a new laptop for young carers in clubs that are held at SCC office. This was received at the end of the year 2022/23 and all the £1,251 was spent in the year.

**Total Restricted Funds    £13,753**

**SUTTON CARERS CENTRE CHARITY COMPANY  
REPORT OF THE TRUSTEES  
for the year ended 31<sup>st</sup> March 2025**

**Designated Funds**

**Provision for Refurbishment** **Balance £59,510**

This fund was established by the Management Board initially to set aside funding on an annual basis for the re-decorating and re-instatement costs required under the terms of the current lease as well as other general refurbishment of the Centre and its resources. This year, funds were spent on ICT equipment in view of new digital priorities as well as aging equipment. Balance b/fwd from 2023/24 was £60,000 with £490 spend during the year. SCC was given notice by landlords, fellow charity Aid to the Church in Need, of termination of lease during 2024/25, resulting in an office move scheduled for 2025/26.

**Cost of Living Increases** **Balance £9,170**

This fund of £30,000 was strategically agreed by the Management Board and set-up in 2022/23 to cover anticipated Cost-of-Living increases, including inflationary pay increases for staff. Cost of Living increases were awarded during the year and £20,830 was spent. Balance c/fwd to next year.

**Bridging the Gap Salaries** **Balance £0**

This fund of £45,000 was strategically agreed by the Management Board and set-up in 2022/23 to mitigate the risk that may occur with gaps in funding streams; this fund bridged the gap during the period SCC was awaiting outcomes of funding bids when previous funding had come to an end. All the £45,000 was spent in the year, mainly for Young Carers Services.

**Total Designated Funds** **£68,680**

**SUTTON CARERS CENTRE CHARITY COMPANY**  
**REPORT OF THE TRUSTEES**  
**for the year ended 31<sup>st</sup> March 2025**

The Trustees (who are also the directors of Sutton Carers' Centre for the purpose of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the charity SORP:2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will not continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

*Auditors*

Kingston Burrows Accountants have indicated their willingness to accept appointment as auditors of the charity for this next term and a resolution proposing their reappointment will be put to the members at the Annual General Meeting. We look forward to this new relationship.

We give sincere thanks to our previous firm 'Myrus Smith', which has now merged with Kingston Boroughs. In particular, we thank Stephen Jones who has supported us with skill and kindness for decades. We wish him well in his retirement.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Trustees and signed on their behalf:

**Dr Alan Lindsay Woodhead**  
**Trustee/Director and Treasurer**

**Date: 24<sup>th</sup> December 2025**

Sutton Carers Centre Charity Company  
Sutton Gate, 1<sup>st</sup> Floor  
1 Carshalton Road  
Sutton, SM1 4LE

Independent Auditor's Report to the Members of:

## **SUTTON CARERS CENTRE CHARITY COMPANY**

### **Opinion**

We have audited the financial statements of Sutton Carers Centre Charity Company (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The other information comprises the information included in the trustees report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the trustees report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Independent Auditor's Report to the Members of:

**SUTTON CARERS CENTRE CHARITY COMPANY**

**Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

**Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Independent Auditor's Report to the Members of:

**SUTTON CARERS CENTRE CHARITY COMPANY**

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management and those charged with governance about actual and potential litigation or claims and the identification of non-compliance with laws and regulations.
- Reviewing minutes of meetings of those charged with governance.
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Auditing the risk of management override of controls, including testing journal entries and other adjustments for appropriateness; assessing whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.
- Performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- Professional scepticism in course of the audit and with audit sampling in material audit areas.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Kevin Fisher FCA (Senior Statutory Auditor)  
For and on behalf of Kingston Burrowes Audit Ltd  
Statutory Auditors  
308 Ewell Road, Surbiton,  
Surrey, United Kingdom,  
KT6 7AL

## SUTTON CARERS CENTRE CHARITY COMPANY

(Registered Charity Number: 1062302)

### STATEMENT OF FINANCIAL ACTIVITIES (incorporating Income and Expenditure Account) for the year ended 31<sup>st</sup> March 2025

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
<b>Income</b>					
Donations and legacies	2	11,819	-	11,819	11,714
Charitable activities	3	363,238	349,358	712,596	714,303
Investment income	4	1,288	-	1,288	1,068
Other income		7,013	-	7,013	3,035
<b>Total</b>		<b>383,358</b>	<b>349,358</b>	<b>732,716</b>	<b>730,120</b>
<b>Expenditure</b>					
Raising funds	5	20,577	-	20,577	22,291
Charitable activities	6	395,081	389,839	784,920	718,592
<b>Total</b>		<b>415,658</b>	<b>389,839</b>	<b>805,497</b>	<b>740,883</b>
<b>Net (expenditure)/income for the year</b>	10	<b>(32,300)</b>	<b>(40,481)</b>	<b>(72,781)</b>	<b>(10,763)</b>
Transfers between funds	17	(17,847)	17,847	-	-
<b>Net movement in Funds</b>		<b>(50,147)</b>	<b>(22,634)</b>	<b>(72,781)</b>	<b>(10,763)</b>
Total funds as at 1 April 2024	17	326,204	36,387	362,591	373,354
<b>Total funds as at 31 March 2025</b>	17	<b>£276,057</b>	<b>£13,753</b>	<b>£289,810</b>	<b>£362,591</b>

All income and expenditure derive from continuing activities.

The Statement of Financial Activities includes all recognised gains and losses.

The notes form part of these financial statements

**SUTTON CARERS CENTRE CHARITY COMPANY**  
(Registered Charity Number: 1062302)

**BALANCE SHEET**  
as at 31<sup>st</sup> March 2025

	Notes	2025 £	2024 £
<b>Current assets:</b>			
Debtors	13	87,628	201,324
Cash and Bank:			
Current Account		207,096	178,206
COIF Deposit Account		33	32
Virgin Deposit Account		42,493	41,911
Cash in hand		251	707
		<b>337,501</b>	<b>422,180</b>
<b>Liabilities:</b>			
Creditors: amounts falling due within one year	14	47,691	59,589
<b>Net assets</b>	16	<b>£289,810</b>	<b>£362,591</b>
<b>Funds:</b>			
Unrestricted	17	207,377	191,204
Designated (Unrestricted)	17	68,680	135,000
Restricted	17	13,753	36,387
	17	<b>£289,810</b>	<b>£362,591</b>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to Small Companies.

The financial statements were approved by the Management Committee on 26<sup>th</sup> November 2025 and were signed on its behalf by:

**Dr Alan Lindsay Woodhead**  
Trustee/Director and Treasurer

**Date: 24<sup>th</sup> December 2025**

**SUTTON CARERS CENTRE CHARITY COMPANY**  
(Registered Charity Number: 1062302)

**CASH FLOW STATEMENT**  
for the year ended 31<sup>st</sup> March 2025

	Notes	2025 £	2024 £
<b>Cash flows from operating activities</b>			
Net movement in funds per statement of financial activities		<b>(72,781)</b>	<b>(10,763)</b>
Adjustments for:			
Interest receivable	4	(1,288)	(1,068)
Decrease/(increase) in debtors		113,696	(20,188)
(Decrease)/increase in creditors		(11,898)	3,558
		<b>27,729</b>	<b>(28,461)</b>
<b>Cash flows from investing activities</b>			
Interest received	4	1,288	1,068
		<b>1,288</b>	<b>1,068</b>
<b>Change in cash at bank in the year</b>			
		29,017	(27,393)
Cash at bank brought forward		220,856	248,249
<b>Cash at bank carried forward</b>		<b>£249,873</b>	<b>£220,856</b>

The notes form part of these financial statements

## **SUTTON CARERS CENTRE CHARITY COMPANY**

(Registered Charity Number: 1062302)

### **NOTES TO THE FINANCIAL STATEMENTS for the year ended 31<sup>st</sup> March 2025**

#### **1. Accounting policies**

##### **General information and basis of preparation**

Sutton Carers Centre Charity Company is a private company (No. 03353573), limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the Reference and Administrative Information on page 1.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on the going concern basis and under the historical cost convention. The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

##### **Income recognition**

Items of income are recognised in the financial statements when all of the following criteria are met:

- The charity has entitlement to the funds;
- any performance conditions have been met or are fully within the control of the charity;
- there is sufficient certainty that receipt of the income is considered probable; and
- the amount can be measured reliably.

##### **Expenditure recognition**

Expenditure is recognised once there is a legal or constructive obligation to make payment to a third party, it is probable that settlement will be required and the amount can be measured reliably.

Expenditure includes those costs of a direct nature which can be allocated to a specific activity. It also includes indirect costs, including governance costs that do not relate to a specific activity but are necessary to support those activities. Support costs are apportioned to each activity on the basis of staff time.

## SUTTON CARERS CENTRE CHARITY COMPANY

(Registered Charity Number: 1062302)

### NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31<sup>st</sup> March 2025

#### 1. Accounting policies (Contd)

##### Fund accounting

Unrestricted general funds are freely available for use in furtherance of the objects of the charity and which have not been designated for particular purposes.

Designated funds are unrestricted funds set aside by the trustees for particular purposes.

Restricted funds are funds which can only be used in accordance with specific restrictions imposed by the donor or which have been raised for a particular purpose.

##### Leases

Operating lease rentals are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

##### Pensions

The charity operates a defined contribution pension scheme. Contributions payable under the scheme are charged the Statement of Financial Activities in the year to which they relate.

##### Debtors and Creditors

Debtors and creditors with no stated interest rate and which are receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

<b>2. DONATIONS AND LEGACIES</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2025 £</b>	<b>Total 2024 £</b>
Donations	6,819	-	6,819	11,714
Legacies	5,000	-	5,000	-
	<b>£11,819</b>	<b>£Nil</b>	<b>£11,819</b>	<b>£11,714</b>

All of the £11,714 recognised in 2024 was unrestricted funds.

**SUTTON CARERS CENTRE CHARITY COMPANY**

(Registered Charity Number: 1062302)

**NOTES TO THE FINANCIAL STATEMENTS**

**for the year ended 31<sup>st</sup> March 2025**

<b>3. INCOME FROM CHARITABLE ACTIVITIES</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2025</b>	<b>Total 2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
London Borough of Sutton – Together for Sutton via CAS	334,488	-	334,488	320,880
London Borough of Sutton – Dementia Programme	-	19,500	19,500	16,467
London Borough of Sutton – Winter Pressures	-	46,100	46,100	-
London Borough of Sutton – CoL Food Support via CAS	-	500	500	-
London Borough of Sutton – Neighbourhood Grant Fund	-	2,050	2,050	-
SWLStG Mental Health NHS Trust – Carers Wellbeing Navigator	-	42,699	42,699	41,097
SWLStG Mental Health NHS Trust (Uplift Rental)	8,750	-	8,750	8,750
SWLStG Mental Health NHS Trust (IAPT/PTiPC)	15,000	-	15,000	15,000
SWLStG MH NHS Trust – Community Transformation	-	89,894	89,894	86,520
BBC Children in Need	-	9,994	9,994	39,837
Carers Trust - Time for Me	-	8,000	8,000	-
City Bridge – Bridging Divides via CAB	-	43,190	43,190	41,466
SWLStG MH NHS Trust - Transformation for Welfare Benefits via Citizen's Advice Sutton	-	43,594	43,594	43,594
Co-op Foundation - #iWill Young Carers Skills and Learning/Carers Breaks and Relief	-	8,153	8,153	4,533
Epsom & St Helier Hospital Trust – End of Life Care	-	32,846	32,846	32,846
HPV Vaccine Awareness Grant via CVA	-	230	230	-
Jack Petchey Young Carers	-	300	300	-
Jack Petchey – Leader Award Grant	-	600	600	1,279
National Lottery – Cost of Living Fund	-	-	-	55,605
SWL Accelerating Reform Fund	5,000	-	5,000	-
SWL ICS Winter Engagement Fund	-	500	500	500
Rotary Club of Cheam	-	1,208	1,208	1,400
7 Stars Foundation	-	-	-	1,251
	<b>£363,238</b>	<b>£349,358</b>	<b>£712,596</b>	<b>£714,303</b>

Of the £714,303 recognised in 2024, £400,235 was unrestricted funds and £314,068 was restricted funds.

**SUTTON CARERS CENTRE CHARITY COMPANY**

(Registered Charity Number: 1062302)

**NOTES TO THE FINANCIAL STATEMENTS**

for the year ended 31<sup>st</sup> March 2025

<b>4. INVESTMENT INCOME</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2025</b>	<b>Total 2024</b>
Bank interest	<u>£1,288</u>	<u>£Nil</u>	<u>£1,288</u>	<u>£1,068</u>

All of the £1,068 recognised in 2024 was unrestricted funds.

<b>5. COST OF RAISING FUNDS</b>	<b>Direct Costs £</b>	<b>Support Costs £</b>	<b>Total 2025 £</b>	<b>Total 2024 £</b>
Staff costs	16,999	-	16,999	16,656
Fundraising support	2,144	-	2,144	4,083
Printing and publicity	1,434	-	1,434	1,552
	<u>£20,577</u>	<u>£Nil</u>	<u>£20,577</u>	<u>£22,291</u>

All of the £22,291 expenditure recognised in 2024 was charged to unrestricted funds.

<b>6. EXPENDITURE ON CHARITABLE ACTIVITIES</b>	<b>Direct Costs £</b>	<b>Support Costs £</b>	<b>Total 2025 £</b>	<b>Total 2024 £</b>
Carers advice, information and support	86,713	31,279	117,992	127,911
Adult carers services	154,126	34,851	188,977	169,015
Young carers services	143,550	37,387	180,937	150,204
Mental health services	249,488	47,526	297,014	271,462
	<u>£633,877</u>	<u>£151,043</u>	<u>£784,920</u>	<u>£718,592</u>

Of the £718,592 expenditure recognised in 2024, £311,004 was charged to unrestricted funds and £407,588 was charged to restricted funds.

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<b>7. ANALYSIS OF DIRECT COSTS</b>	<b>Raising Funds £</b>	<b>Charitable Activities £</b>	<b>Total 2025 £</b>	<b>Total 2024 £</b>
Staff costs	16,999	589,467	606,466	550,150
Rent, service charge and business rates	-	-	-	4,837
Recruitment expenses	-	1,795	1,795	1,141
Outsourced fundraising/financial services	2,144	10,999	13,143	18,716
Staff expenses	-	3,956	3,956	1,076
Staff training/wellbeing/mentoring	-	6,148	6,148	7,364
Stationery	-	-	-	4
Telephones	-	1,836	1,836	191
Volunteers expenses	-	594	594	375
IT software/equipment	-	5,068	5,068	20
Carers breaks and activities	-	13,715	13,715	13,642
Newsletter/printing/publicity	1,434	299	1,733	1,552
	<u>£20,577</u>	<u>£633,877</u>	<u>£654,454</u>	<u>£599,068</u>

<b>8. ANALYSIS OF SUPPORT COSTS</b>	<b>Raising Funds £</b>	<b>Charitable Activities £</b>	<b>Total 2025 £</b>	<b>Total 2024 £</b>
Staff costs	-	35,343	35,343	27,227
Rent, service charge and business rates	-	49,873	49,873	44,884
Cleaning, waste disposal and alarm	-	5,114	5,114	4,689
Insurance	-	2,061	2,061	2,030
Office furniture, equipment and refurbishment	-	631	631	320
Computer software and maintenance	-	10,105	10,105	11,645
Newsletter/printing/publicity	-	-	-	579
Photocopier costs	-	1,435	1,435	1,942
Stationery	-	1,550	1,550	800
Postage	-	2,222	2,222	1,186
Telephones	-	9,346	9,346	9,756
Subscriptions	-	3,368	3,368	8,665
Outsourced payroll costs	-	2,114	2,114	2,614
Outsourced financial services	-	8,342	8,342	6,711
Consultancy fees	-	12,272	12,272	12,113
Meeting expenses (Management Board)	-	859	859	785
Audit Fee/Legal Exp/AGM Costs	-	-	-	-
Governance costs (see Note 9)	-	6,260	6,260	5,720
Bank charges	-	148	148	149
	<u>£Nil</u>	<u>£151,043</u>	<u>£151,043</u>	<u>£141,815</u>

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<b>9. GOVERNANCE COSTS</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2025 £</b>	<b>Total 2024 £</b>
Audit fee	3,840	-	3,840	3,570
Legal and professional fees	2,420	-	2,420	13
AGM and annual report	-	-	-	2,137
	<u>£6,260</u>	<u>£Nil</u>	<u>£6,260</u>	<u>£5,720</u>
<b>10. NET EXPENDITURE</b>			<b>2025</b>	<b>2024</b>
Net expenditure for the year is stated after charging:				
Auditor's remuneration			£3,840	£3,570
Operating lease rentals			<u>£34,800</u>	<u>£34,800</u>
<b>11. TRUSTEES' REMUNERATION AND EXPENSES</b>				
The trustees neither received nor waived any remuneration during the year (2024: £Nil). Three trustees (2024: Three trustees) were reimbursed travel expenses during the year of £152 (2024: £305).				
<b>12. STAFF COSTS</b>			<b>2025 £</b>	<b>2024 £</b>
Wages and Salaries			565,074	507,076
Employer's NI costs			49,213	45,057
Pension costs (defined contribution scheme)			27,522	25,244
			<u>£641,809</u>	<u>£577,377</u>

Total employee benefits received by key management amounted to £256,686 (2024: £232,853).

Under FRS 102, employee benefits include gross salary, benefits in kind, employee's national insurance and employer's pension costs.

One employee received total employee benefits (excluding employer national insurance and pension costs) of more than £60,000 in the current year (2024: One).

The average number of employees was 18 (2024: 18), both part-time and full-time, analysed by function was:

	<b>2025 Number</b>	<b>2024 Number</b>
Direct charitable activities	15	15
Management and administration	3	3
	<u>18</u>	<u>18</u>

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<b>13. DEBTORS</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Trade debtors	67,969	182,085
Prepayments	19,659	19,239
	<u>£87,628</u>	<u>£201,324</u>

<b>14. CREDITORS: Amounts falling due within one year</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Trade creditors	17,243	23,001
Accruals and deferred income	14,412	19,883
Social security costs	12,484	12,969
Pension accrual	3,552	3,736
	<u>£47,691</u>	<u>£59,589</u>

<b>15. OPERATING LEASE COMMITMENTS</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
The total future minimum lease payments due under non-cancellable operating leases was as follows:		
Within one year	2,900	34,800
Two to five years	-	2,900
	<u>£2,900</u>	<u>£37,700</u>

<b>16. ANALYSIS OF NET ASSETS BETWEEN FUNDS</b>	<b>Unrestricted General Funds £</b>	<b>Unrestricted Designated Funds £</b>	<b>Restricted Funds £</b>	<b>Total £</b>
<b>2025</b>				
Current assets	255,068	68,680	13,753	337,501
Current liabilities	(47,691)	-	-	(47,691)
<b>Total</b>	<u>£207,377</u>	<u>£68,680</u>	<u>£13,753</u>	<u>£289,810</u>

Comparative information for the analysis of net assets between funds in the previous year is as follows:

	<b>Unrestricted General Funds £</b>	<b>Unrestricted Designated Funds £</b>	<b>Restricted Funds £</b>	<b>Total £</b>
<b>2024</b>				
Current assets	250,793	135,000	36,387	422,180
Current liabilities	(59,589)	-	-	(59,589)
<b>Total</b>	<u>£191,204</u>	<u>£135,000</u>	<u>£36,387</u>	<u>£362,591</u>

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<b>17. MOVEMENT IN FUNDS</b>	<b>Balance 1 April 2024 £</b>	<b>Income £</b>	<b>Expenditure £</b>	<b>Transfers £</b>	<b>Balance 31 March 2025 £</b>
<b>Unrestricted Funds:</b>					
Carers General Fund	<b>191,204</b>	<b>383,358</b>	<b>415,168</b>	<b>47,983</b>	<b>207,377</b>
<b>Designated Funds:</b>					
Provision for Refurbishments	60,000	-	490	-	59,510
Cost of Living Increases	30,000	-	-	(20,830)	9,170
Bridging the Gap	45,000	-	-	(45,000)	-
	<b>135,000</b>	<b>-</b>	<b>490</b>	<b>(65,830)</b>	<b>68,680</b>
<b>Restricted Funds:</b>					
Circle Club and Kit Kat Club	150	-	-	-	150
Carers' Transport Fund	498	-	187	-	311
Skills and Learning/Carers Relief and Breaks	2,453	8,153	7,091	-	3,515
LBS – Workforce Development Programme	10,000	-	4,000	-	6,000
LBS – Dementia Programme	-	19,500	19,500	-	-
LBS – Winter Pressure	-	46,100	46,100	-	-
LBS – CoL Food Support via CAS	-	500	500	-	-
LBS – Neighbourhood Grant Fund	-	2,050	4,009	1,959	-
SWL StG Wellbeing Navigator	(1,059)	42,699	51,094	9,454	-
Development of Carers' Manual	297	-	-	-	297
Lloyds Bank Foundation	14,707	-	14,707	-	-
BBC Children in Need	4,698	9,994	16,279	1,587	-
Carers Trust - Peer Support	663	1,208	1,335	-	536
Carers Trust - Time for Me	-	8,000	8,000	-	-
City Bridge – Bridging Divides via CAB	-	43,190	44,192	1,002	-
MH Transformation for Welfare Benefits via CAB	-	43,594	43,594	-	-
Epsom & St Helier Hospitals NHS Trust	-	32,846	36,691	3,845	-
Jack Petchey – Young Carers	1,288	300	685	-	903
Jack Petchey – Young Carers Summer Activities	75	-	-	-	75
HPV Vaccine Awareness Grant via CVA	-	230	230	-	-
Jack Petchey – Leader Award Grant	1,366	600	-	-	1,966
Sutton VCSE – MH Transformation	-	89,894	89,894	-	-
SWL ICS Winter Engagement Fund	-	500	500	-	-
7 Stars Foundation	1,251	-	1,251	-	-
	<b>36,387</b>	<b>349,358</b>	<b>389,839</b>	<b>17,847</b>	<b>13,753</b>
<b>Total Funds</b>	<b>£362,591</b>	<b>£732,716</b>	<b>£805,497</b>	<b>£Nil</b>	<b>£289,810</b>

The purpose of each restricted fund and transfers is set out in the Trustees' Report.

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**17. MOVEMENT IN FUNDS**

Comparative information for the movement in funds in the previous year is as follows:

<b>2024</b>	<b>Balance 1 April 2023 £</b>	<b>Income £</b>	<b>Expenditure £</b>	<b>Transfers £</b>	<b>Balance 31 March 2024 £</b>
<b>Unrestricted Funds:</b>					
Carers General Fund	<b>190,128</b>	<b>416,052</b>	<b>333,295</b>	<b>(81,681)</b>	<b>191,204</b>
<b>Designated Funds:</b>					
Provision for Refurbishments	30,000	-	-	30,000	60,000
Cost of Living Increases	30,000	-	-	-	30,000
Bridging the Gap	-	-	-	45,000	45,000
	<b>60,000</b>	<b>-</b>	<b>-</b>	<b>75,000</b>	<b>135,000</b>
<b>Restricted Funds:</b>					
Circle Club and Kit Kat Club	150	-	-	-	150
Carers' Transport Fund	498	-	-	-	498
Skills and Learning/Carers Relief and Breaks	3,715	4,533	5,795	-	2,453
LBS – Workforce Development Programme	10,000	-	-	-	10,000
LBS – Dementia Programme	-	16,466	16,466	-	-
LBS – Winter Pressure	32,482	-	32,482	-	-
LBS – Suicide Prevention	3,500	-	3,500	-	-
SWL StG Wellbeing Navigator	(1,187)	41,097	40,969	-	(1,059)
SWL CCG – Sutton Carers Support Partnership Lead	7,498	-	7,498	-	-
Development of Carers' Manual	297	-	-	-	297
Lloyds Bank Foundation	14,707	-	-	-	14,707
BBC Children in Need	5,145	39,837	40,284	-	4,698
Carers Trust - Peer Support	729	1,400	1,466	-	663
Co-op #iWill	43,697	3,278	46,975	-	-
City Bridge – Bridging Divides via CAB	-	41,467	43,624	2,157	-
MH Transformation for Welfare Benefits via CAB	-	43,594	43,594	-	-
Epsom & St Helier Hospitals NHS Trust	(781)	32,846	36,589	4,524	-
Jack Petchey – Young Carers	2,362	-	1,074	-	1,288
Jack Petchey – Young Carers Summer Activities	75	-	-	-	75
Jack Petchey – Leader Award Grant	339	1,279	252	-	1,366
Sutton VCSE – MH Transformation	-	86,520	86,520	-	-
SWL ICS Winter Engagement Fund	-	500	500	-	-
7 Stars Foundation	-	1,251	-	-	1,251
	<b>123,226</b>	<b>314,068</b>	<b>407,588</b>	<b>6,681</b>	<b>36,387</b>
<b>Total Funds</b>	<b>£373,354</b>	<b>£730,120</b>	<b>£740,883</b>	<b>£Nil</b>	<b>£362,591</b>

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**18. CONTINGENT ASSETS**

Total grant fund awarded as at 31 March 2025 but not yet received and recognised as income due to the recognition criteria not being met amounts to £776,037. (2024: £574,826)

**19. RELATED PARTY TRANSACTIONS**

There were no transactions with related parties other than set out in Notes 11 and 12 relating to trustees expenses and key management remuneration.