

NEWS

SYC

SUTTON YOUNG CARERS

A Network Partner of
CARERS TRUST



SEPTEMBER 2023

PLOT TWIST WORKSHOP

Robots, Superheroes, Wizards and Aliens were whipped into comic masterpieces during the Plot Twist Workshop.

Read page 3 for more info on the great work produced by our Young Carers.

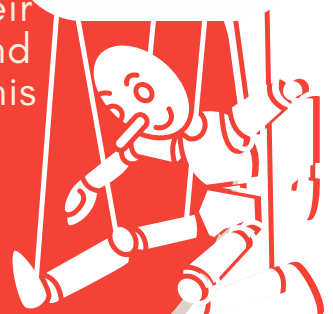
BANG

DRAMA & PUPPETRY

The Young Carers got their creative juices flowing and puppets pop-locking in this month's Create Arts Workshop.

Read page 4 to find out about our comedy performance.

CREATE
ARTS & DREK
20 YEARS OF SPARKING CREATIVITY



DISNEY & DESSERTS

Disney & Desserts was great as usual this month. Our Young Carers had an awesome time watching 'Ralph Breaks the Internet'.



SCAN ME to visit our website!



www.suttoncarerscentre.org

ACTIVITIES UPDATE

PEER SUPPORT

8-13 - 6th September 2023

14+ - 27th September 2023

18-25 - 7th September 2023

CHILL N' LEARN

HOMEWORK CLUB

Mondays (Runs term-time

only) Ages: 8-18

PLOT TWIST WORKSHOP

TBC - 2024

DISNEY & DESSERTS

Monday 23rd October 2023

Ages: 8-14

Runs during school holidays



TO BOOK OR LEARN MORE ABOUT ANY OF THESE ACTIVITIES, PLEASE CONTACT

GO LIVE THEATRE PROJECTS

3-day Drama workshop and theatre trip

24th, 25th, 26th October

Ages: 15-25

Runs during school holidays

(theatre trip on Nov 2nd)

CREATE

20 YEARS OF SPARKING CREATIVITY

Change:matters - music

Ages: 14-18

12th, 13th, 14th February

2024

Book now to be added to the waiting list!

YC

AMBASSADORS

28th September

Runs Every Last Thursday of the month

YOUNGCARERS @ SUTTONCARER SCENTRE.ORG

WELLBEING CORNER

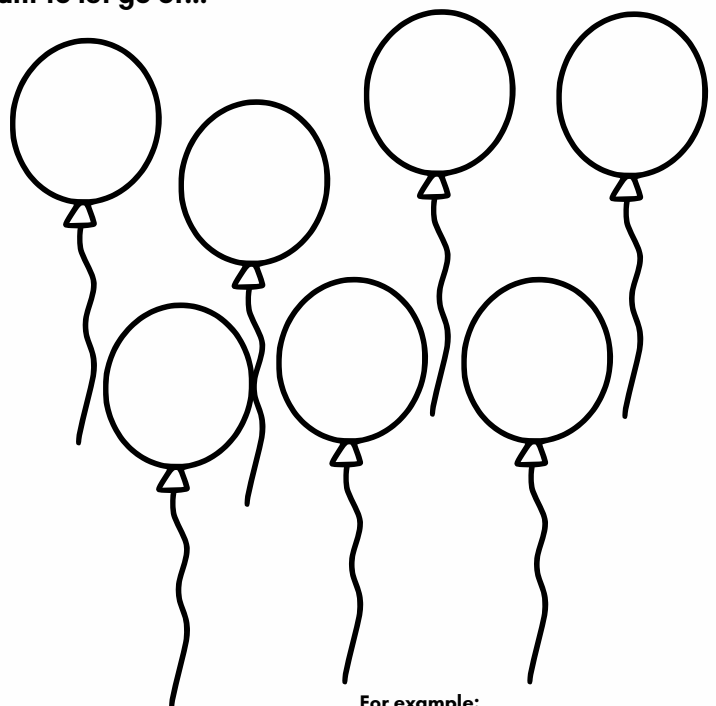
As you go back into the new school term, have a think about what you want to take with you, and what worries you want to let go of...



For example:

I have made friends previously

I can ask for help if I need to



For example:

I won't be able to cope

I might not make any friends

I might not know the answer to a question

PLOT TWIST - SYCOMICS

**HEROES AND VILLAINS
COMICS PRODUCED BY
YOUNG CARERS.**

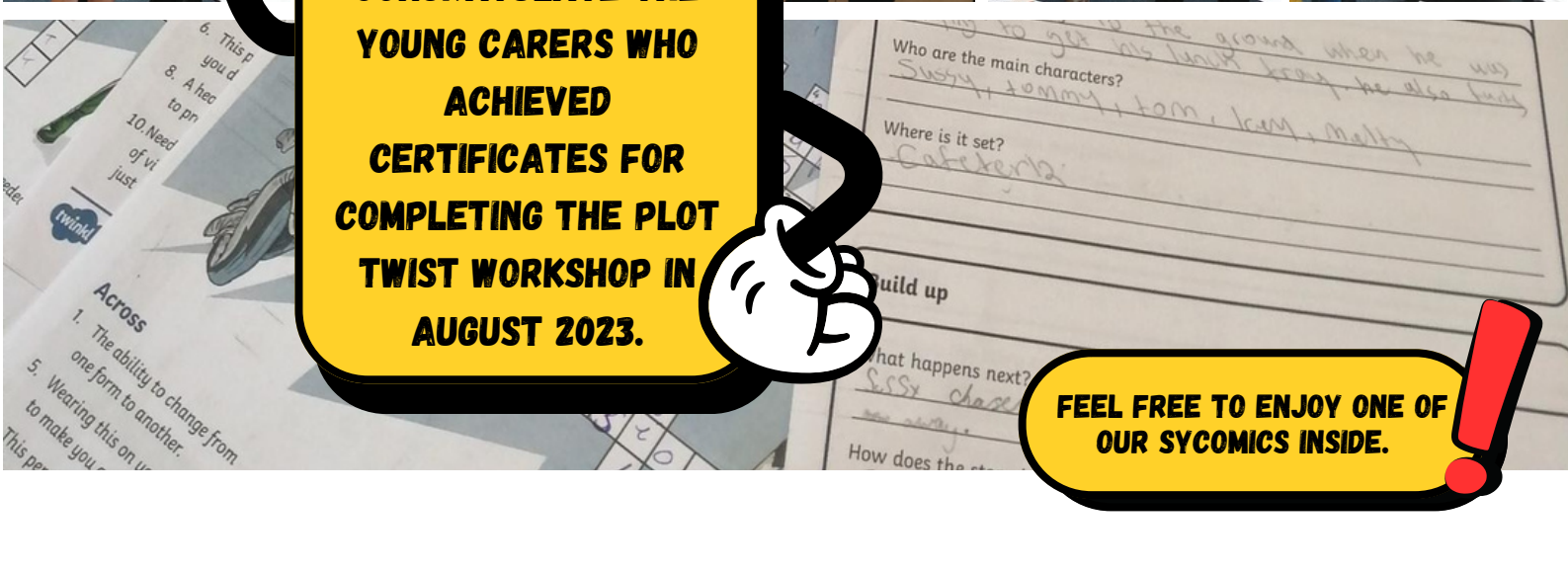
The Young Carers Team ran their first independent comic-making and character-developing workshop. Our YCs participated in various story-structured-based games and character-building activities, which boosted their imagination and encouraged them to make astounding comics.

**CREATIVE PLANNING
AND DEVELOPMENT OF
CHARACTERS.**



**WE WOULD LIKE TO
CONGRATULATE THE
YOUNG CARERS WHO
ACHIEVED
CERTIFICATES FOR
COMPLETING THE PLOT
TWIST WORKSHOP IN
AUGUST 2023.**

**FEEL FREE TO ENJOY ONE OF
OUR SYCOMICS INSIDE.**



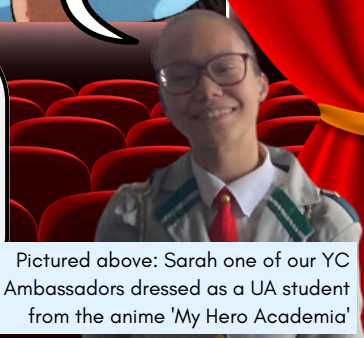
SUMMER HIGHLIGHTS

ANIME ANTICS SCREENING



NAUSICAA WAS DEFINITELY WORTH THE WATCH BUT ITS PRETTY TRIPPY.

I LOVED ANIME ANTICS, NAUSICAA WAS SUCH AN UNUSUAL FILM.



Pictured above: Sarah one of our YC Ambassadors dressed as a UA student from the anime 'My Hero Academia'

Create Arts Drama and Puppetry



The Young Carers Service and Create Arts ran a Drama and Puppetry workshop. The Young Carers were introduced to performing art games such as 'ZIP, ZAP, BOING', 'Fruit Salad' and 'Grandmas Footsteps' led by the Create Artist as a way to warm up our inner performers. The process lent itself to developing the Young Carers' self-esteem, confidence and wellbeing.

Combining the answers from a previous activity helped us devise our final comedy performance. Scan the QR to watch our performance, 'You Can't See Me!'.

SCAN ME TO WATCH:



Jack Petchey Cinema Trip

One of our Young Carers, Alfie, won the Jack Petchey award and chose to go to the cinema. We took five Young Carers to enjoy the new Teenage Mutant Ninja Turtle movie "Mutant Mayhem". We thoroughly enjoyed it. See our Young Carers rating below.

