

ARE YOU LOOKING AFTER SOMEONE?



AGED 8-25?

We offer Young Carers:

- Peer support groups
- 1-2-1 emotional support
- Creative workshops
- Regular and holiday activities

Working with children?

Schools and other professionals can access:

- Awareness Assemblies
- Awareness training for staff
- Peer Facilitation Training for staff and students



CARER SUPPORT

If you help and support someone due to age, mental or physical illness or disability, or substance use, get in touch.

We offer:

- Wellbeing support
- Information & advice
- Regular meet-ups
- Form filling, debt advice, benefits checks and more...



Scan QR code to visit
suttoncarerscentre.org
Register online or
call 020 8296 5611

1st floor, Sutton Gate, 1 Carshalton Road, Sutton, SM1 4LE

A Network Partner of
CARERS TRUST



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